

App Store complaint report

Fitbod: Gym & Fitness Planner · Fitbod Inc. · current version 8.37.0

Generated 2026-10-24 from the 300 most recent public App Store reviews across 1 storefronts (2022-04-17 to 2026-10-17).

Metric	Value
Reviews analysed	300 (300 classified by AI)
Average stars (these reviews)	3.87
Reviews with a complaint	101 (34%)
Storefronts	GB 300
All-time App Store rating (US)	4.81 from 288,088 ratings

Complaint categories

Category	Reviews	Avg severity (0-3)	Most affected versions
Feature requests	54	2.0	6.23.1 (3), 8.31.0 (2), 8.29.0 (2)
Bugs	53	2.2	8.29.0 (3), 8.1.0 (2), 7.16.0 (2)
Pricing / subscription	45	2.2	8.18.0 (2), 8.2.0 (2), 8.1.0 (2)
UX / design	28	2.1	7.10.0 (2), 6.23.1 (2), 5.24.0 (2)
Performance	11	2.3	7.16.0 (2), 8.19.0 (1), 8.16.0 (1)
Crashes / freezes	6	2.3	8.14.0 (1), 7.21.5 (1), 7.6.0 (1)

Trend by version (newest first)

Version	Reviews	Avg stars	Complaint share
8.36.0	3	4.7	0%
8.35.1	4	4.5	25%
8.35.0	1	5.0	0%
8.34.0	6	3.2	17%
8.33.0	1	4.0	0%
8.32.0	4	4.5	0%
8.31.0	6	3.0	50%
8.29.0	7	3.4	57%

Representative quotes

Feature requests

“Great app... to expensive for basic use – This app seems to have a lot of great functions and integrations, and was really pleased to use it for the first time today. Then I found out there’s no free version, just paid for, and I either need to chuck £70 at it o” (2★, v6.4.0, GB, 2023-04-11)

“...increments (I think they’re American so were originally in lbs but are expressed in kgs). Another obvious oversight is the inability to add one’s own exercises. Eg I want to make slow tempo and fast tempo calf raises separate exercises, but there’s no way of” (2★, v5.15.2, GB, 2022-08-29)

Bugs

“...give it a chance, I will not be renewing my subscription next month. While the app is a great concept, and a lot of the features work great, it has been plagued forever by syncing issues. Your exercises get deleted, time elapsed resets, and calories disappe” (5★, v5.20.0, GB, 2022-11-06)

"Buggy – The app was quite good to start with but now it's just too frustrating to use. It's constantly losing my settings and also ignoring the equipment that I've selected suggesting completely inappropriate workouts. I'm not sure if it's a dodgy update" (2★, v6.34.1, GB, 2024-06-17)

Pricing / subscription

"Too much money overrated – Price" (1★, v7.25.1, GB, 2026-01-05)

"Don't waste your money – It's not an awful product by any means. It does what it says on the tin. But it's SO EXPENSIVE for what it actually is that you're better off spending your money elsewhere. More affordable alternatives do exist!" (2★, v8.6.0, GB, 2026-02-27)

UX / design

"Incredibly male-centric – They may claim this can be used by anyone, but every other single image and video on the app is a guy and the red man grey interface is ugly, the whole result is off putting, like it's not meant for you. I'm not convinced this has bee" (1★, v8.12.0, GB, 2026-04-08)

"Too many exercises and too slow to learn – I've been using this app for six months now but have now decided it's time to leave The app is really good at somethings but not others. The interface is ok but can get annoying and not as friendly as other apps inclu" (3★, v6.14.0, GB, 2023-08-17)

Performance

"Glitchy!! – It looks great and full of promise but today I have tried manually loading my workout into the app, sometimes it saves the reps & weights, sometimes it doesn't. It's infuriating to do the same thing over and over. Will trial it for the first time t" (2★, v6.0.0, GB, 2023-02-12)

"New update, worse performance – The new update looks great but the search is infuriating. Typing "smith bench" yields no results as it needs to be "smith machine bench" for it to match. tapping the results list to scrolls causes autocorrect to kick in so typin" (3★, v5.6.2, GB, 2022-04-17)

Crashes / freezes

"Crashes – Current version crashes every time I try to open a workout and no response from support" (1★, v8.14.0, GB, 2026-04-25)

"...quality has nosedived, there are constantly bugs I encounter during my workouts or when planning them. Eg the app will consistently freeze when opening every time for about 5-10 seconds on my 15 Pro and it is no longer possible to save rest timers when adding" (3★, v7.6.0, GB, 2025-04-24)

The 10 most important fixes

1. Improve content quality [Feature requests · 46 reviews · avg severity 2.1/3 · versions 6.45.0, 8.31.0]

Review the content areas users name; add a "report a problem" button on content.

"Review – Overall a great app, some exercises don't come up on the app, some tutorial videos of certain exercises are shown with incorrect form these should be reviewed by a qualified personal trainer. Often on a generated workout there are " (3★, GB)

2. Justify or adjust the price [Pricing / subscription · 29 reviews · avg severity 2.2/3 · versions 8.18.0, 8.2.0]

Test a cheaper tier, annual discount or one-time purchase; show what paid users get.

"...app. The new AI "coach" is pointless, it just takes up space on the screen to give you a generic sentence. Second is the cost, it is hideously expensive for what it is and the new family plan just rubs it in even more. I'd love to be abl" (2★, GB)

3. Stop data / progress loss [Bugs · 20 reviews · avg severity 2.2/3 · versions 7.16.0, 5.15.2]

Reproduce sync and restore paths; add server-side backup and a visible "restore" option.

"...recommends the best exercises which is okay as you can edit and replace them. My phone just died during a session and I lost all data, defeats the purpose of logging and recording a workout." (3★, GB)

4. Ship the most requested feature [Feature requests · 23 reviews · avg severity 1.8/3 · versions 5.24.0, 6.16.0]

Read the quotes below for the exact request; consider a public roadmap.

"PLEASE ADD MORE EXERCISES – I love this app so much it's been really helpful with my gym sessions. I even got the monthly subscription option. But it's been really bothering me how there are so few Glute workouts - doesn't even have RDLs!" (3★, GB)

5. Soften the redesign backlash [UX / design · 17 reviews · avg severity 2.3/3 · versions 5.17.0, 7.9.1]

Explain the change in-app, restore the most-missed option, or offer a setting for the old behaviour.

"UI's gotten worse – Been using you guys for 2 years now and paying for your service. Love the app but I gotta admit the recent update has made the UI experience absolutely terrible. Much prefer the older version" (4★, GB)

6. Ease paywall pressure [Pricing / subscription · 10 reviews · avg severity 2.3/3 · versions 8.22.0, 8.2.0]

Keep core features usable for free users or explain clearly what is paid; show the paywall less often. "Can't get past paywall – Have to subscribe to use it" (1★, GB)

7. Fix features broken by the latest update [Bugs · 8 reviews · avg severity 2.4/3 · versions 5.12.0, 7.15.0]

Add regression tests for the features users name in these reviews before the next release.

"Last update completely broke the app – No longer able to log workouts or swipe to full body view. Very buggy now." (1★, GB)

8. Answer support requests [Bugs · 7 reviews · avg severity 2.5/3 · versions 8.29.0, 5.19.0]

Add an in-app contact option and reply to these App Store reviews; Apple lets developers respond publicly.

"Customer service/ support atrocious – I've tried to contact them on the support section of the app. My messages have gone unanswered and have no vanished. I've reached out on Twitter and not received a reply. I've messaged on Instagram, but" (1★, GB)

9. Fix in-use crashes and freezes [Crashes / freezes · 6 reviews · avg severity 2.3/3 · versions 5.15.3, 8.14.0]

Match quoted actions to crash reports; ship a hotfix for the top stack trace.

"Update very glitchy – When using with Apple Watch it crashes Update has reset all my settings so I need to go through everything and change them back to what I want. Default unit is pounds, when I change it to kilograms the proposed weight" (3★, GB)

10. Simplify navigation [UX / design · 6 reviews · avg severity 2.1/3 · versions 8.29.0, 5.24.0]

Run a quick usability test on the screens users mention; remove extra taps and pop-ups.

"Loved the App at first – It doesn't remember how many reps and weights and I struggle to find the machines on here from the gym because the search isn't very good" (4★, GB)

Method: the most recent public App Store reviews across up to 6 storefronts, collected via a third-party Apify scraper, plus the iTunes Lookup API. Reviewer names are not included. Each review was classified by TypeSafe Jev AI (7 complaint categories, 18 specific issues, severity 0-3); fixes are the specific issues ranked by number of complaining reviews × average severity. Advice lines are generic starting points; the quotes are the evidence. AI can misclassify: check the quotes. Not affiliated with Apple. Reply within 7 days for one free clarification.